



**Get Ready for
Our Exciting
Winter Trips**

**See pages
2 & 3 for
information.**



**HUGULEY MEMORIAL
MEDICAL CENTER**
A Seventh-day Adventist Operated Community Health Facility

HuguleyPlus
P.O. Box 6337
Fort Worth, TX 76115
817-551-2652

**POSTMASTER:
PLEASE DELIVER IMMEDIATELY,
DATED MATERIAL**

PRESORTED
FIRST-CLASS MAIL
U.S. POSTAGE
PAID
FORT WORTH, TX
PERMIT 4329

ADDRESS SERVICE REQUESTED

Winter 2012

HuguleyPlus

**HUGULEY MEMORIAL
MEDICAL CENTER**
A Seventh-day Adventist Operated Community Health Facility

Huguley Raises the Bar Again on Patient Safety

HuguleyPlus is published by Huguley Memorial Medical Center, 11801 S. Freeway, Fort Worth, TX 76115. The articles in this publication should not be considered specific medical advice as each individual situation is different. Should you feel a need for medical advice, consult your physician. Issue Date: Winter 2012

Upcoming FREE Events Open to the Public

HUGULEY DIABETES MANAGEMENT

Meetings are from 5:30 – 6:30 pm, are free and are held in the Education Building behind Huguley Hospital. No registration is required but RSVP to 817-551-2706 is appreciated. Following are the meetings for January – March.

Tuesday, January 24, 2012

Come join us for our 'Ask An Educator' where we have seasoned Certified Diabetes Educators available to answer questions pertaining to Diabetes, Pre-Diabetes or even just basic meal planning to prevent diabetes. Light snacks provided.

Tuesday, February 28, 2012

Program to be announced in January.

Tuesday, March 27, 2012

"Preventing Diabetes is Do-able" Speaker: Janet C. Yates, RD/LD, CDE, Registered / Licensed Dietitian and Certified Diabetes Educator.

Type 2 Diabetes is a worldwide epidemic. Many people do not have symptoms until it's too late. What do you look for? What to ask your physician. Take our quick quiz. Janet Yates, RD/LD, CDE is a seasoned

educator with 23 years experience in the area of diabetes. She will provide simplified lifestyle & behavioral changes to reduce your risk of developing Type 2 diabetes. Light snacks provided.

HELP DELIVER BAGS OF FOOD TO SHUT-IN SENIORS IN THE AREA.

Saturday, January 14, 9:00 am – 1:00 pm. Meet at Meals on Wheels office, 108 E. Kilpatrick, Cleburne. For more information, call Meals on Wheels of Johnson County at 817-558-2840.

STROKE HOPES – JOHNSON COUNTY'S STROKE SUPPORT GROUP

Meetings are the last Tuesday of every month. Next meeting is January 31 at 4:00 pm at the American Red Cross office, 201 N. Main, Cleburne. For more information visit www.strokehopes.org or call toll free 1-877-426-2751.

JOHNSON COUNTY CAREGIVERS CONFERENCE

Friday, February 24, 9:00 am – 1:00 pm at First United Methodist Church, 1300 W. Westhill Dr. Cleburne. Vendors, guest speakers and more. For more information call Meals on Wheels at 817-558-2840.

Meals On Wheels



**About 85 seniors
attended the Dec. 1
Bingo Party and
donated peanut butter
for Johnson County
Meals on Wheels.**

On December 6, Huguley Memorial Medical Center launched a new, safer and more accurate process for administering medication to patients. Medication Positive Patient Identification (mPPID), also called Closed Loop Medication Administration,

reduces the possibility of a medication or dosing error in the hospital. mPPID significantly improves patient safety.

With mPPID, nurses scan the bar codes on patients' wristbands along with bar codes on individual medication doses ordered by physicians. Once a nurse has

successfully logged into a patient's electronic medical record, and before the medication is administered, the bar code on the patient's wristband confirms who the patient is and accesses the patient's electronic medical record to determine if there is an order for that medication. If the medication ordered on a scanned patient is not a perfect match, the clinician is notified immediately.

Medication Positive Patient Identification is one of many systems Huguley has implemented to strengthen the quality of patient care. In March, Huguley implemented a computerized provider order entry program that eliminates handwritten physician orders, thus reducing medical errors and speeding up patient care.

These changes improve patient safety, allow nurses to spend more time at the bedside, improve productivity and efficiency, and reduce medical costs. As of July, only 13% of the 5,000 hospitals nationwide tracked by HIMSS Analytics have reached this stage of electronic medical record adoption.



Huguley nurse Jackie Cohrom scans a patient's wristband before administering medication.

JANUARY

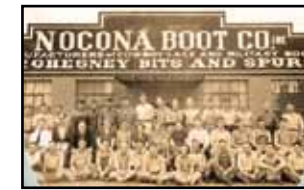
BUS TRIP TO NOCONA, TEXAS

Date: Tuesday, January 24

Time: 7:45 – 5:45 pm

Cost: \$55 for HuguleyPlus members, \$60 for non-members

This small town about 100 miles northwest of Huguley is rich in history that can be traced back to the early 1500s when Spanish explorers established missions in the area. Native Americans battled with Spanish settlers and forced them to vacate the area in the 1750s. During our day in Nocona, we will have an opportunity to learn some of the history at



the Tales N Trails Museum. Having opened just over a year ago, the museum focuses

on five categories: Oil and Gas production, Leather goods, Agriculture, Western heritage and Native Americans. Special Native American attraction at the museum, only through January, is a personal exhibit entitled “From Hau to Now” owned by Larry Veale, storyteller and museum volunteer. Mr. Veale will also entertain us with some stories about the Cherokee Indians. The trip will also include a stop at the Nokona Athletic Goods Company. Founded in 1926 by the Storey family the factory makes about 75,000 leather baseball and softball gloves a year. The glove brand has always been spelled with a “k” to avoid registered trademark problems regarding town names. Rob Storey, the founder’s great-grandson, will provide a factory tour which includes every step of production from hand cutting the leather, stamping, stitching, lacing and embroidering. Rob will also share some interesting history about the business. In between the tours, we’ll enjoy lunch in an historical bank building which now houses the Times Forgotten Restaurant. Trip cost includes transportation, lunch and both tours. Payment is due by January 13.

PRESENTATION ON ARTHRITIS

Date: Tuesday, January 31

Time: 2:30 – 3:30 pm

Location: Huguley Ground Floor Conference Room

Nearly 27 million people in the U.S. suffer from osteoarthritis, the most common form of arthritis. The hands, feet, spine, hips and knees are frequently affected areas. Martha Earngey, Director of Special Events and Programs for the Arthritis Foundation, will share some valuable information about this disease. Who is the Arthritis Foundation? What is arthritis? What are the symptoms? What can you control and what can’t you control? What can be done to alleviate the pain? Don’t miss this informative presentation that could greatly help you and your loved ones. RSVP is requested but not required.

FEBRUARY

AARP DRIVER SAFETY COURSE

Date: Wednesday, February 8

Time: 9:00 am – 1:00 pm

Location: Huguley Ground Floor Conference Room

Cost: \$12 for AARP members
\$14 for non-members
(payable to AARP)

AARP Driver Safety Program covers age-related physical changes, declining perceptual skills, rules of the road and license renewal requirements. After completing the course, you may qualify for a discount of up to 10 percent on your auto insurance. You must bring your AARP card to receive the \$12 fee. Pre-registration is required. Seating is limited, so please call today to register.

BUS TRIP TO MUSEUMS AND OMNI HOTEL IN DALLAS

Date: Wednesday, February 15

Time: 9:00 am – 5:00 pm

Cost: \$56 for HuguleyPlus members, \$61 for non-members

Our first stop will be the C. R. Smith Museum on Highway 360. We’ll take a flight through American Airlines history with interactive exhibits, hundreds of historical artifacts, photographs and a rare Douglas DC-3 airliner. The museum’s state of the art digital theater features The Spirit of American, a film featuring the history of commercial aviation as well as breathtaking aerial photography. Next



we’ll stop at the new Omni Hotel in Dallas. This Four Diamond Hotel has a unique lobby, 23 stories, 1,001 rooms and

thousands of pieces of unique artwork. We’ll have lunch at the hotel’s Texas Spice restaurant which focuses on using local ingredients with a southern style twist to hometown classics. Our final stop will be a guided tour at Southern Methodist University’s prestigious Meadows Museum. Algur Meadows, prominent Dallas businessman and founder of the American General Oil Company of Texas, developed an interest in art during frequent visits to Spain in the 1950s. Mr. Meadows began to collect Spanish art, and his collection has grown to be one of the finest outside of Spain. The paintings that comprise a large part of the collection range from early Renaissance works, painted at the end of the 15th century, to modern works by Picasso and Juan Gris. We will also have an opportunity to view a set of four fifteenth-century tapestries collectively known as the Pastrana Tapestries which will be on exhibit at the museum for only 3 months. These beautiful tapestries are each 12 feet tall and 36 feet long and most recently were on display at The Smithsonian Museum in Washington D.C. Trip cost includes transportation, lunch and both museums. Payment is due by February 6.

TRAVEL PRESENTATION—NORTHERN NATIONAL PARKS AND FALL FOLIAGE IN THE NORTHEAST U. S.

Date: Thursday, February 23
Time: 2:30 – 3:30 pm
Location: Huguley Ground Floor Conference Room

Collette Vacations and First Travel of Burlington are planning two more exciting trips of a lifetime. Christopher Keith from Collette Vacations will share slides and information about scheduled trips to the National Parks



in the northern U.S. featuring Yellowstone, the Grand Tetons, Jackson Hole, and Salt Lake City. This trip is scheduled for July 27 – August 3, 2012. The fall foliage vacation is set for the peak time of the season to experience the spectacular colors. This 8-day trip includes Boston; Stowe, Vermont; Boothbay Harbor, Maine; and much more. Even if you don’t plan to take these trips, please join us for refreshments and an informative and entertaining presentation. RSVP is requested but not required.

MARCH

PRESENTATION ON HOUSING OPTIONS FOR SENIORS

Date: Tuesday, March 13

Time: 2:30 – 3:30 pm

Location: Huguley Ground Floor Conference Room

There are surprising differences between Retirement Living, Assisted Living and Nursing Homes. Most seniors are not aware of the many options available to them. Amanda Hodges, Marketing Director at Heritage Place Retirement Community, has 12 years’ experience in senior living and will be giving an educational presentation regarding many options including which are self-pay and which might be covered by insurance. There will be time for your questions also. RSVP is requested but not required.

BUS TRIP TO KIMBELL ART MUSEUM AND COOKING DEMO AT CENTRAL MARKET

Date: Tuesday, March 20

Time: 9:15 am – 3:15 pm

Cost: \$53 for HuguleyPlus members, \$58 for non-members

While at the Kimbell Art Museum, we can view the permanent collection which includes hundreds of pieces of art from around the world dating from third millennium B.C. to mid-20th Century. The special exhibition “The Age of Impressionism: Great French Paintings from the Clark” is a collection of masterpieces by famous artists including Renoir, Degas, Monet, Gauguin, and Toulouse-Lautrec. Sterling Clark was an heir to the Singer sewing

machine fortune, and between 1910 and the 1950s, he and his wife Francine assembled an outstanding collection of paintings, sculpture, and drawings as well as British silver and European porcelain. The Kimbell Art Museum presents the first-ever international touring exhibition of 73 of the paintings from the Clark Art Institute in Williamstown, Massachusetts. Our next stop will be Central Market where we will enjoy a private session of Learn @ Lunch which will include cooking demonstrations of three courses of delicious recipes prepared by some of the market’s talented chefs. Then we will enjoy their creations for lunch. We’ll have some free time afterward for shopping at Central Market and some of the other stores nearby. Trip cost includes transportation, the Kimbell exhibition and lunch. Payment is due by March 9.

FUN FROM PREVIOUS EVENTS.



Members enjoying The Trains at North Park Center on the December bus trip.



We were blessed with beautiful weather at the Dallas Arboretum.



The Storybook Pumpkin Village was a favorite spot for many on the October bus trip.



Members enjoyed the nice weather and roses at the Heritage Rose Garden near McKinney.

Reservations for all bus trips can be made beginning January 6 at 7:00 am. Our bus trips normally fill quickly, so please call on that day to reserve your space.

All trips depart from the Huguley Fitness Center Parking Lot. Call 817-551-2652 or 1-800-351-2652.